

Quidenham Cards

Catalogue September 2023 - August 2024



Who we are

We are a community of Carmelite nuns, seeking to make the total gift of ourselves to God in a life of contemplative prayer and intercession on behalf of all people. Our vocation is to be 'Love at the heart of the Church' (St Thérèse of Lisieux).

Our distinctive greetings cards and prayer cards flow from our life of prayer, inspiring and connecting people with God, others and creation. This ministry helps to support our monastic vocation. We hold in prayer all who buy, give and receive our cards.



Terms and Conditions

Orders may be placed by post, email, telephone or through our website. Please include the full product reference code (below the product image) for each item and also your customer reference number if known.

Prices shown in this catalogue are retail prices. We offer a wholesale discount at a fixed rate of 40% on all products for those ordering in bulk for re-sale or ministry purposes. Please indicate on the order form if you are requesting a wholesale discount. We may need to contact you for further details about this to establish whether you meet our criteria.

Our folded cards with envelopes can be packaged in an individual card wrap for those who require it. This does not apply to flat cards or cards sold in selection packs. Please tick the box on the order form if you need cards to be individually wrapped. We use only biodegradable and compostable card wraps.

Gift packs and selection packs may include cards not listed in this catalogue or on our website at present.

Postage and packing costs are added to the order at the point of invoicing. We will send orders by second class post unless you request otherwise.

All items listed are subject to availability. If a card you have ordered is out of stock, we will not substitute it with another unless you ask us to do so.

Payment may be made by cheque payable to Carmelite Monastery or by BACS (details are included on the invoice). You can also pay by card or PayPal to our electronic invoices and on our website. Please wait until you receive the invoice before paying as postage costs will be added to the invoice.

Catalogues are issued once a year in September. If you would prefer a paperless catalogue by email, or if you wish to be removed from our mailing list, please let us know. Please contact us if you would like to see our privacy policy or it can be viewed on our website. No part of this catalogue may be reproduced without permission.

Sizes and Prices

Contemplation Bookmarks

Flat card, 70 x 148mm

35p each

Prayer Cards

Flat card 74 x 105mm

30p each

Folded Cards with Envelopes

Classic Size

A6 105 x 148mm

£1 each

This price applies to all folded cards in this catalogue except the Christmas Midi size and Blessing Cards on page 11.

Midi Size (pages 28-29 only)

85 x 140mm

60p each

Please note we are discontinuing the Petite Notecards and Petite Easter Notecards. These are no longer included in our catalogue.

Our eco policy



We are committed to sustainable living and caring for God's creation. Quidenham Cards is proud to use only biodegradable and compostable card wraps and recyclable, plastic-free packaging.

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Blank

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Quidenham Cards

Carmelite Monastery
Quidenham
Norwich, Norfolk
NR16 2PH

cards@quidenhamcarmel.org.uk
quidenhamcarmel.org.uk

01953 887642

Prayer

Selection
Pack of 25
Contemplation
Bookmarks
£5
CBPK

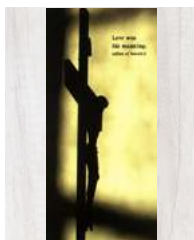
Contemplation Bookmarks

Flat card, 70 x 148mm
35p each



CS01

All shall be well
– Julian of Norwich



CS14

Love was his meaning
– Julian of Norwich



CS30

One does not discover
new lands without
consenting to lose sight
of the shore
– André Gide



CS38

Love never ends
– 1 Cor 13:8



CS66

God did not say,
"You will not be tempest-
tossed" but "You will
never be overcome"
– Julian of Norwich



CS67

This is what the Lord
asks of you: only this,
to act justly, to love
tenderly and to walk
humbly with your God
– Micah 6:8



CS75

The Word was made
flesh
– John 1:14



CS82

Put me into the chalice
that I may become
spotlessly clear and quite
transparent, allowing the
Trinity to mirror itself in
me as in a crystal
– Elizabeth of the Trinity



CS85

No seed of love is ever lost



CS88

Trust the past to God's mercy, the present to God's love and the future to God's providence
– St Augustine



CS89

We have only to be still and let the sunlight of peace shine upon us
– Sr Wendy Beckett



CS90

Thy presence fills my solitude
– S Longfellow



CS93

I looked at your cross, O Christ, and there read the song of your love
– St John of the Cross



CS96

Let nothing disturb you, God alone suffices
– St Teresa of Avila



CS97

Lord, as I drift upon the waters, be the resting place of my restless heart
– Celtic prayer



CS101

All the darkness in the world cannot extinguish the light of a single candle
– St Francis



CS104

Nothing is as strong as gentleness
– St Francis de Sales



CS105

If you do not hope you will not find what is beyond your hopes
– St Clement of Alexandria



CS107

Let us walk together, Lord. Wherever you go, I will go
– St Teresa of Avila



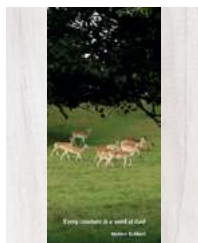
CS110

From Him we come, in Him we are enfolded, to Him we return
– Julian of Norwich



CS111

To Him who is everywhere we come not by travelling but by loving
– St Augustine



CS112

Every creature is a word of God
– Meister Eckhart



CS113

Christ is the calm serenity of the past, the priceless wealth of the present, the mysterious promise of the future
– Philip Leo Smith OSB



CS114

The tree that bends does not break



CS115

Nothing is so distant that love cannot reach it
– Sonnenthiener



CS116

The dawn is not distant, nor is the night starless; love is eternal
– H W Longfellow



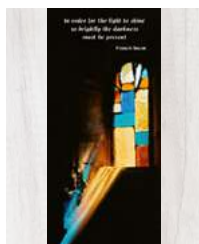
CS117

Nothing is lost but it is transformed
– Sr Wendy Beckett



CS118

No-one can ever know how sweetly and tenderly our Creator loves us
– Julian of Norwich



CS119

In order for the light to shine so brightly the darkness must be present
– Francis Bacon



CS120

Come Holy Spirit and send forth from heaven the radiance of your light
– St Elizabeth of the Trinity



CS121

Let me grow in your life-giving love
– St Gertrude



CS122

We are God's work of art
– Ephesians 2:10

Prayer Cards

Flat card 74 x 105mm

All with scripture text on the reverse

30p each

Selection
Pack of 20
Prayer Cards
with scripture text
PCPK £4



PPC70T

When I sit in darkness the
Lord will be a light to me.
Mic 7.8



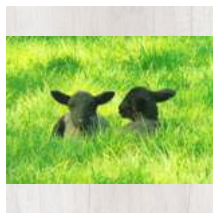
PPC74T

Three things last:
faith, hope and love;
and the greatest is love.
1 Cor 13.13



PPC81T

Come with me to a quiet
place and rest awhile.
Mk 6.31



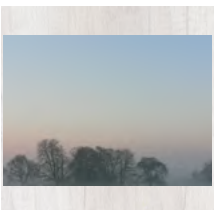
PPC83T

The Lord is my shepherd,
I shall not want; He makes
me lie down in green
pastures. He leads me
beside still waters; He
restores my soul.
Ps 23.1-3



PPC84T

Where two or three are
gathered in my name, I am
there among them.
Mt 18.20



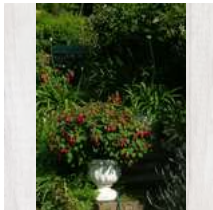
PPC85T

Be still and know that I
am God.
Ps 46.10



PPC89T

The Lord is good to those
who wait for Him.
Lam 3.25



PPC90T

Come to me, all you who
labour and are heavily
burdened and I will give
you rest.
Mt 11.28



PPC91T

God loved the world so much that He sent His only Son so that we might have life through Him.
1 Jn 4.9



PPC92T

Peace I leave you, my own peace I give you ... Do not let your hearts be troubled or afraid.
Jn 14.27



PPC95T

The light shines in the darkness and the darkness has not overcome it.
Jn 1.5



PPC96T

We too, though many, are one body in Christ.
Rom 12.5



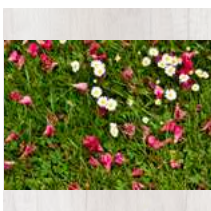
PPC97T

I have loved you with an everlasting love.
Jer 31.3



PPC99T

Stay with us Lord, for evening shadows fall and day is nearly over.
Lk 24.29



PPC101T

For everything there is a season.
Eccles 3.1



PPC102T

Love never ends.
1 Cor 13.8



PPC103T

The path you walk may be dark indeed, but trust in the Lord, rely on your God.
Is 50.10



PPC104T

In God alone is my soul at rest, my hope comes from Him.
Ps 62.5



PPC105T

Never will I fail you or desert you.
Heb 13.5



PPC106T

Behold, I have carved you on the palms of my hands.
Is 49.16



PPC107T

My love for you will never waver, nor my covenant of peace be removed, says the Lord.
Is 54.10



PPC109T

May the Lord bless you and keep you.
Num 6.24



PPC110T

The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid?
Ps 27.1



PPC111T

With God all things are possible.
Mt 19.26



PPC112T

I have come that they may have life and have it to the full.
Jn 10.10



PPC113T

Fear not, I am with you.
Is 41.10



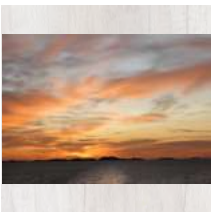
PPC114T

Life rooted in God stands firm.
Prov 12.3



PPC115T

The Lord fills the earth with His love.
Ps 33.5



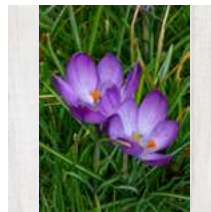
PPC116T

I am with you always, even to the end of time.
Mt 28.20



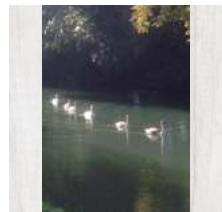
PPC117T

The ways of the Lord are faithfulness and love.
Ps 25.10



PPC118T

Nothing will ever separate us from the love of God.
Rom 8.38-39



PPC119T

For I know the plans I have for you, says the Lord ... to give you a future filled with hope.
Jer 29.11

Mass Cards



REF15G Personal Intention



REF18G Personal Intention



REF103G Personal Intention



REF110G Personal Intention



REF133G Personal Intention



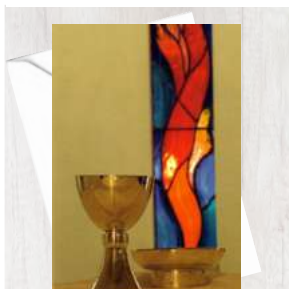
REF37G Mass for the Dead



REF88G Mass for the Dead



REF94G Mass for the Dead



REF113G Mass for the Dead



REF122G Mass for the Dead

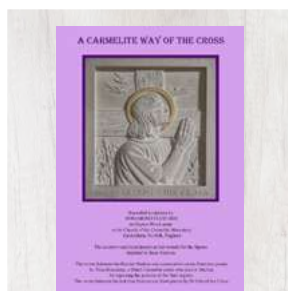
Resources for Prayer and Ministry



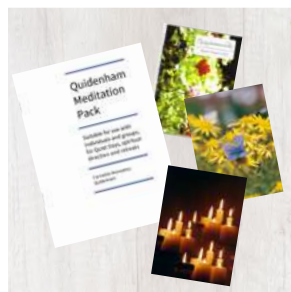
COMBK
The Story of our Community
1921-2021.
A4 booklet with colour
photographs
£5



SG
Stained glass windows in
our church and monastery,
some by Margaret Rope.
A5 booklet
£5



SoC
A journey of prayer through
the Stations of the Cross in
our monastery church.
A5 booklet
£5



MEDPK
Guided meditation
resources and 20 assorted
prayer cards in an
A5 eco-friendly folder
£5



SP
Leaflet on prayer
by Sister Wendy Beckett
40p

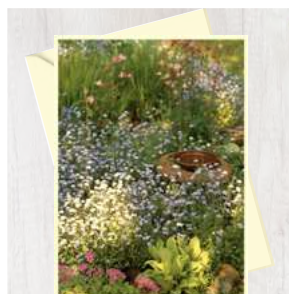


PJ
Leaflet on prayer
by Sister Ruth Burrows
40p

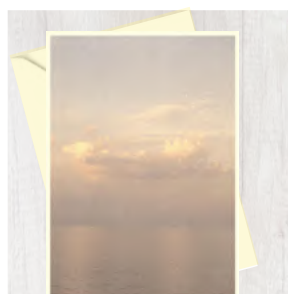
Blessing Cards
£1.60 each

Classic size with triple fold
and presentation envelope

To commemorate a blessing
ceremony in the event of
neo-natal death



BLESS01



BLESS02



Created by Nuns



CR01B Blank



CR04B Blank
CR04G Happy Birthday



CR05G Birthday Greetings



CR07B Blank
CR07G Happy Birthday



CR08B Blank
CR08G Birthday Greetings



CR09B Blank
CR09G Birthday Greetings



CR10B Blank



CR11B Blank



CR12B Blank

Monastery Garden
Pen and ink drawings
by a Sister
Classic A6 size, blank
£1 each

Pack of 4
One of each design
£2



MON01



MON02



MON03



MON04



MONPK Blank Pack of 4

Here at Quidenham Carmel we have a strong tradition of creative work, flowing from our life of prayer. The cards on these pages are all based on original arts and crafts designed and made by Sisters of our community.



Left:
Sister Teresa
embroidering
a stole

Blank

Selection
Pack of 10
Fleur
All Blank
£5
FLPK

Blank - Fleur



FL88B



FL91B



FL95B



FL103B



FL105B



FL110B

Blank - Fleur



FL113B



FL118B



FL120B



FL123B



FL124B



FL126B



FL127B



FL132B



FL135B



FL139B



FL140B



FL142B

Blank - Fleur



FL143B



FL145B



FL146B



FL148B



FL149B



FL150B



FL151B



FL152B



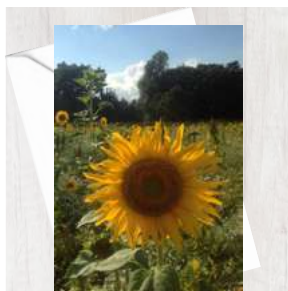
FL153B



FL155B

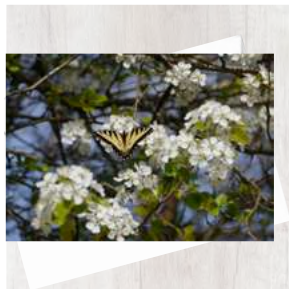


FL156B

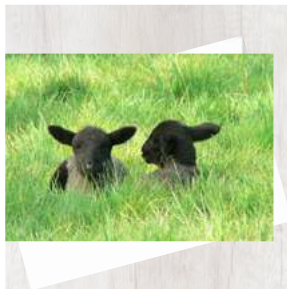


FL157B

Blank - Animals, Birds and Butterflies



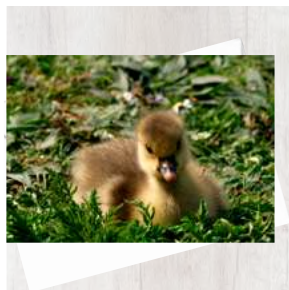
FL154B



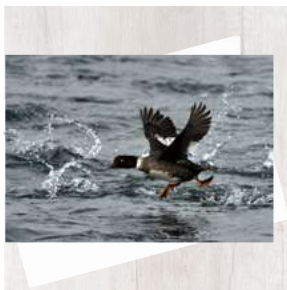
REF78B



REF100B



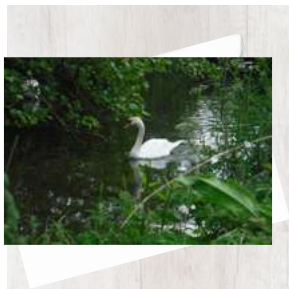
REF118B



REF125B



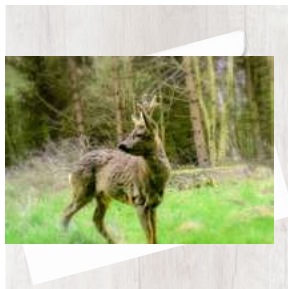
REF127B



REF128B



REF132B

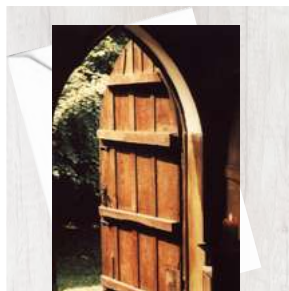


REF134B



Left:
Hare in the
monastery
grounds

Blank - Reflection



REF01B



REF02B



REF18B



REF71B



REF86B



REF95B



REF102B



REF112B



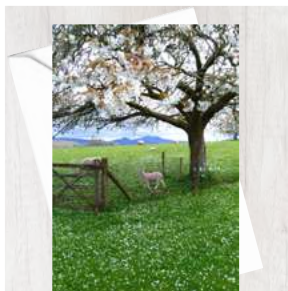
REF117B



REF119B



REF120B



REF121B



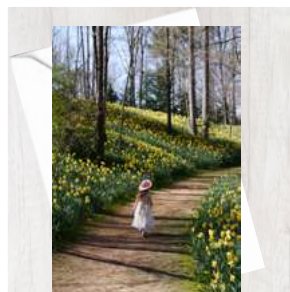
REF123B



REF124B



REF126B



REF129B



REF130B



REF131B



Left:
Quidenham
Mere

Selection
Pack of 10
Reflection
All Blank
£5
REFPK

Greetings



Sympathy Cards



FL109G



FL154G



REF75G



REF111G



REF117G



REF131G

Thinking of You Cards



FL91G



FL98G



FL147G



FL152G



FL156G



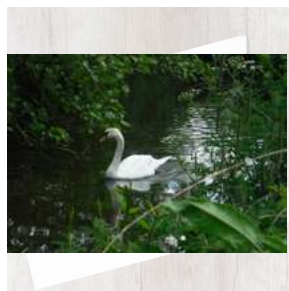
REF51G



REF62G



REF124G



REF128G



REF130G



Birthday Cards

Selection
Pack of 10
Birthday
Cards
£5
BIRPK



FL95G



FL126G



FL127G



FL138G



FL142G



FL145G



FL149G



FL150G



FL151G



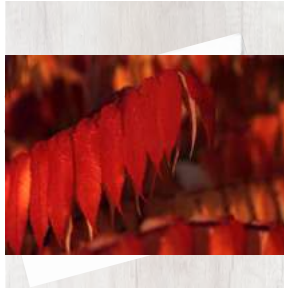
FL153G



FL155G



FL157G



REF64G



REF86G



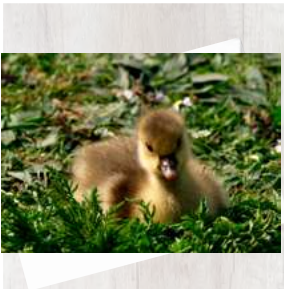
REF95G



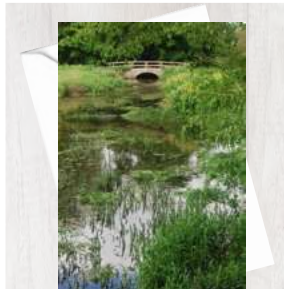
REF112G



REF116G



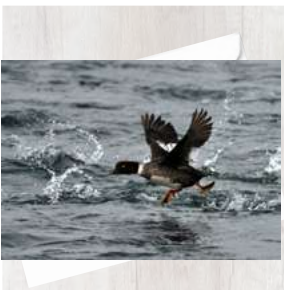
REF118G



REF120G



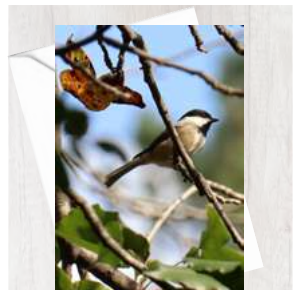
REF123G



REF125G



REF126G



REF132G

Other Greetings and Occasions



FL146G Congratulations



FL88G Get Well Soon



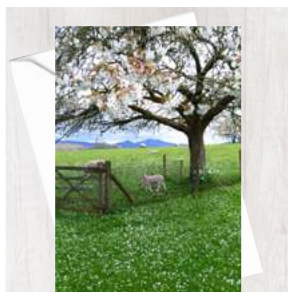
FL103G Get Well Soon



FL105G Get Well Soon



REF100G Get Well Soon



REF121G Get Well Soon



REF127G Get Well Soon



FL113G On this Special Occasion



REF71G On Your Baptism



FL132G Thank You



REF02G Wishing you Peace



FL158G With Love

Packs

Blank Packs of 10

FLPK £5
Fleur Selection

REFPK £5
Reflection Selection

NUNPK £5
Created by Nuns

Greetings Packs of 10

MASSPK £5
5 x Personal Intention
5 x Mass for the Dead

BIRPK £5
Birthday Selection

THPK £5
Thinking of You

LUCKPK £2
Lucky Dip
5 x blank
5 x assorted greetings

Prayer Card Packs

PCPK £4
Prayer Cards with text
Pack of 20

CBPK £5
Contemplation
Bookmarks
Pack of 25



Christmas

Selection
Pack of 10
Classic Christmas
Cards
£5
CLAPK

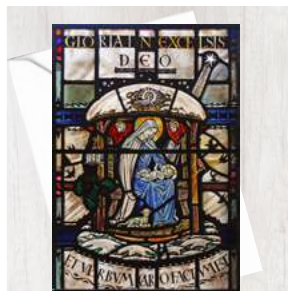
Christmas Classics



CLA54



CLA59



CLA63



CLA76



CLA79



CLA80



CLA81



CLA85



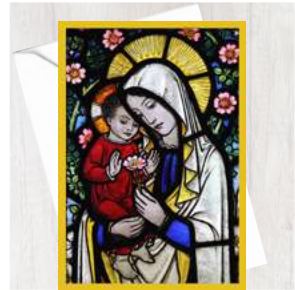
CLA86



CLA88



CLA90



CLA91



CLA92



CLA93



CLA94



CLA95



CLA96



CLA97

Christmas Midi

Selection
Pack of 10
Midi Christmas
Cards
£4
MIDIPK



MID01



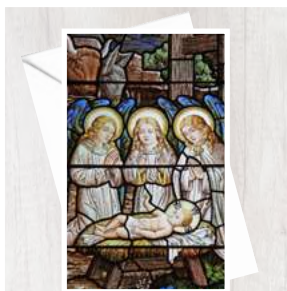
MID02



MID38



MID40



MID42



MID43



MID46



MID47



MID48



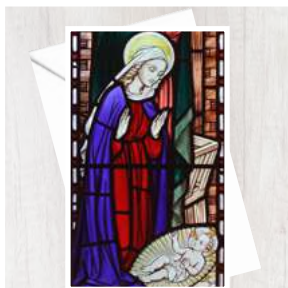
MID50



MID51



MID52



MID53



MID54

Classics Pack
Our selection of 10
assorted
Christmas Classics
CLAPK
£5

Midi Pack
Our selection of 10
assorted
Christmas Midi
MIDIPK
£4



Easter

Selection
Pack of 10
Classic Easter
Cards
£5
EASPK

Easter Classics



EAS02



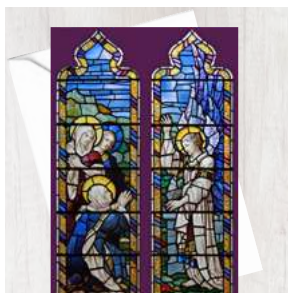
EAS18



EAS26



EAS70



EAS77



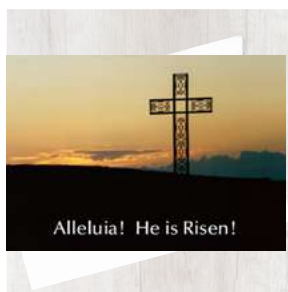
EAS81



EAS84



EAS88



EAS92



EAS93



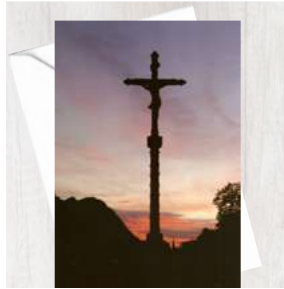
EAS94



EAS96



EAS97



EAS99



EAS101



EAS103



EAS104



EAS105

Easter Classics
Pack
Our selection of
10 assorted
Easter Classics
EASPK
£5



Gift and Selection Packs

Prayer Cards and Bookmarks

Prayer Cards Selection
(20 assorted with scripture text) **PCPK** **£4**

Contemplation Bookmarks
(Pack of 25 assorted) **CBPK** **£5**

Packs of Cards with Envelopes

Blank (Packs of 10 assorted)

Fleur Selection **FLPK** **£5**

Reflection Selection **REFPK** **£5**

Created by Nuns **NUNPK** **£5**

Greetings (Packs of 10 assorted)

Birthday Selection **BIRPK** **£5**

Thinking of You Selection **THPK** **£5**

Mass Card Selection
(5 any intention, 5 for the dead) **MASSPK** **£5**

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Monastery Garden **MONPK** **£2**

Christmas (Packs of 10)

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Easter (Packs of 10)

Easter Classics **EASPK** **£5**



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