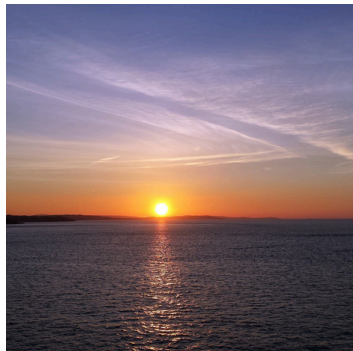
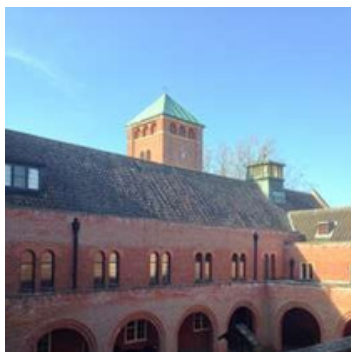


Quidenham Cards

Catalogue



Who we are

We are a community of Carmelite nuns, seeking to make the total gift of ourselves to God in a life of contemplative prayer and intercession on behalf of all people. Our vocation is to be 'Love at the heart of the Church' (St Thérèse of Lisieux).

Our distinctive greetings cards and prayer cards flow from our life of prayer, inspiring and connecting people with God, others and creation. This ministry helps to support our monastic vocation. We hold in prayer all who buy, give and receive our cards.



Terms and Conditions

Orders may be placed by post, email, telephone or through our website. Please include the full product reference code (below the product image) for each item and also your customer reference number if known.

Prices shown in this catalogue are retail prices. We offer a wholesale discount at a fixed rate of 40% on all products for those ordering in bulk for re-sale or ministry purposes. Please indicate on the order form if you are requesting a wholesale discount. We may need to contact you for further details about this to establish whether you meet our criteria.

Our folded cards with envelopes can be packaged in an individual card wrap for those who require it. This does not apply to flat cards or cards sold in selection packs. Please tick the box on the order form if you need cards to be individually wrapped. We use only biodegradable and compostable card wraps.

Gift packs and selection packs may include cards not listed in this catalogue or on our website at present.

Postage and packing costs are added to the order at the point of invoicing. We will send orders by second class post unless you request otherwise.

All items listed are subject to availability. If a card you have ordered is out of stock, we will not substitute it with another unless you ask us to do so.

Payment may be made by cheque payable to Carmelite Monastery or by BACS (details are included on the invoice). You can also pay by card or PayPal to our electronic invoices and on our website. Please wait until you receive the invoice before paying as postage costs will be added to the invoice.

Our catalogue is now available online only. It can be downloaded from our website or sent to you by email. If you wish to be removed from our mailing list, please let us know. Please contact us if you would like to see our privacy policy or it can be viewed on our website. No part of this catalogue may be reproduced without permission.

Sizes and Prices

Contemplation Bookmarks

Flat card, 70 x 148mm

40p each

Prayer Cards

Flat card 74 x 105mm

35p each

Folded Cards with Envelopes:

Classic Size

A6 105 x 148mm

£1 each

This price applies to all folded cards in this catalogue except the Christmas Midi size and Blessing Cards on page 11.

Midi Size (pages 7 & 8 only)

85 x 140mm

60p each

Our eco policy



We are committed to sustainable living and caring for God's creation. Quidenham Cards is proud to use only biodegradable and compostable card wraps and recyclable, plastic-free packaging.

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quidenhamcarmel.org.uk
cards@quidenhamcarmel.org.uk

01953 887642

Christmas Classics

Our range of Christmas Cards is inspired by our life of prayer and we hope you will find the perfect ones to send this Christmas.



Selection
Pack of 10
Classic Christmas
Cards
£5
CLAPK

New Arrivals

£1 each Size: A6 105x148mm
All cards have a white envelope



CLA98

Message inside:
**With Best Wishes for
Christmas and the New Year**



CLA99

Message inside:
**Wishing you Christmas
peace and joy**

Christmas Classics



CLA54

Message inside:

**Wishing you Christmas
Peace and Blessings**



CLA59

Message inside:

**Wishing You Peace this
Christmastide**



CLA63

Message inside:

**Wishing you Christmas
Peace**



CLA80

Message inside:

**Wishing You Christmas Peace
and Blessings**



CLA81

Message inside:

**With Best Wishes for Christmas
and the New Year**



CLA86

Message inside:

**With Best Wishes for Christmas
and the New Year**



CLA88

Message inside:

**Wishing You Christmas Peace
and Blessings**



CLA90

Message inside:

**Wishing You Christmas
Peace and Blessings**



CLA91

Message inside:

**Wishing You Christmas
Peace and Blessings**

Christmas Classics



CLA92

Message inside:
**With Best Wishes for
Christmas and the New Year**



CLA93

Message inside:
**With Best Wishes for
Christmas and the New Year**



CLA94

Message inside:
**Wishing you Christmas
Peace and Blessings**



CLA95

Message inside:
**With Best Wishes for
Christmas and the New Year**



CLA96

Message inside:
**Wishing you Christmas
Peace**



CLA97

Message inside:
**With Best Wishes for
Christmas and the New Year**



Left:
The Crib in our
Chapel

Christmas Midi

Size: 85 x 140mm, 60p each

Selection
Pack of 10
Midi Christmas
Cards
£4
MIDIPK



MID01

Message inside:
**With Best Wishes for
Christmas and the New Year**



MID02

Message inside:
**With Best Wishes for
Christmas and the New Year**



MID38

Message inside:
Christmas Greetings



MID46

Message inside:
Wishing you Christmas Peace



MID47

Message inside:
Wishing you Christmas Peace



MID48

Message inside:
**With Best Wishes for
Christmas and the New Year**



MID50

Message inside:
**With Best Wishes for
Christmas and the New Year**



MID51

Message inside:
**Wishing you Peace this
Christmastide**

Christmas Midi

Size: 85 x 140mm, 60p each



MID52

Message inside:
Wishing you Christmas Blessings



MID53

Message inside:
With Best Wishes for Christmas and the New Year



MID54

Message inside:
With Best Wishes for Christmas and the New Year

Classics Pack

Selection of 10 assorted Christmas Classics

CLAPK

£5

Midi Pack

Selection of 10 assorted Christmas Midi

MIDI PK

£4



Right:
Sisters building the Crib in the Monastery's antechamber

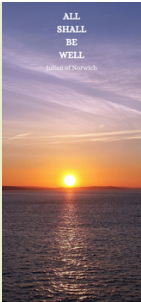


Bookmarks

Selection
Pack of 20
Contemplation
Bookmarks
£5
CBPK

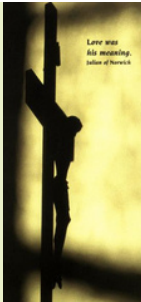
Contemplation Bookmarks

Flat card, 70 x 148mm
40p each



CS01

All shall be well
– Julian of Norwich



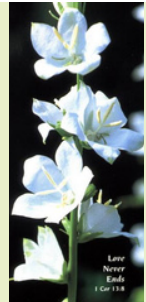
CS14

Love was his meaning
– Julian of Norwich



CS30

One does not discover
new lands without
consenting to lose
sight of the shore
– André Gide



CS38

Love never ends
– 1 Cor 13:8



CS66

God did not say, "You will
not be tempest-tossed"
but "You will never
be overcome"
– Julian of Norwich



CS67

This is what the Lord asks of
you: only this, to act justly,
to love tenderly and to walk
humbly with your God
– Micah 6:8



CS88

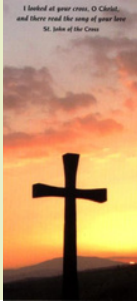
Trust the past to God's
mercy, the present to God's
love and the future to
God's providence
– St Augustine



CS89

We have only to be still
and let the sunlight of
peace shine upon us
– Sr Wendy Beckett

Contemplation Bookmarks



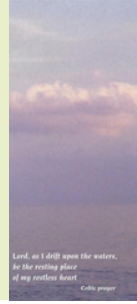
CS93

I looked at your cross,
O Christ, and there read
the song of your love
– St John of the Cross



CS96

Let nothing disturb you,
God alone suffices
– St Teresa of Avila



CS97

Lord, as I drift upon the
waters, be the resting
place of my restless heart
– Celtic prayer



CS101

All the darkness in the
world cannot extinguish
the light of a single
candle – St Francis



CS104

Nothing is as strong
as gentleness
– St Francis de Sales



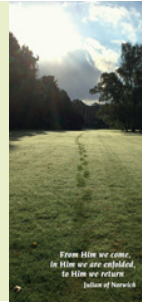
CS105

If you do not hope you
will not find what is
beyond your hopes
– St Clement of Alexandria



CS107

Let us walk together,
Lord. Wherever you go,
I will go
– St Teresa of Avila



CS110

From Him we come,
in Him we are enfolded,
to Him we return
– Julian of Norwich



CS111

To Him who is
everywhere we come
not by travelling but
by loving – St Augustine



CS112

Every creature is
a word of God
– Meister Eckhart



CS113

Christ is the calm serenity
of the past, the priceless
wealth of the present,
the mysterious promise
of the future
– Philip Leo Smith OSB



CS114

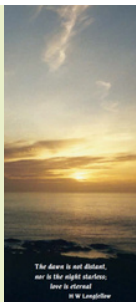
The tree that bends
does not break

Contemplation Bookmarks



CS115

Nothing is so distant that love cannot reach it
- Sonleithner



CS116

The dawn is not distant, nor is the night starless; love is eternal
- H. W. Longfellow



CS117

Nothing is lost but it is transformed
- Sr Wendy Beckett



CS118

No-one can ever know how sweetly and tenderly our Creator loves us
- Julian of Norwich



CS119

In order for the light to shine so brightly the darkness must be present
- Francis Bacon



CS121

Let me grow in your life-giving love
- St Gertrude



CS122

We are God's work of art
- Ephesians 2.10



CS123

Stay with me, and then I shall begin to shine as you shine as a light to others
- St John Henry Newman

NEW



CS124

Just as the sun shines on all the trees and flowers as if each were the only one on earth, so does God care for all souls in a special manner.
- St Thérèse of Lisieux

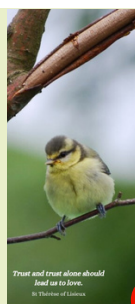
NEW



CS125

No seed of love is ever lost

NEW



CS126

Trust and trust alone should lead us to love
- St Thérèse of Lisieux

NEW

Selection
Pack of 20
Contemplation
Bookmarks
£5
CBPK

Prayer Cards



Selection
Pack of 20
Prayer Cards
with scripture text
£4
PCPK

Flat card, 74 x 105mm
All with scripture text on the reverse
35p each



PPC70T

When I sit in darkness
the Lord will be a light to
me. - Mic 7.8



PPC74T

Three things last: faith,
hope and love; and the
greatest is love.
- 1 Cor 13.13



PPC81T

Come with me to a quiet
place and rest awhile.
- Mk 6.31



PPC83T

The Lord is my shepherd, I
shall not want; He makes me
lie down in green pastures. He
leads me beside still waters;
He restores my soul.
- Ps 23.1-3



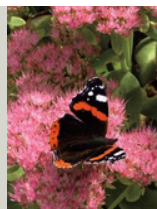
PPC84T

Where two or three are
gathered in my name, I
am there among them.
- Mt 18.2



PPC85T

Be still and know that I
am God. - Ps 46.10



PPC89T

The Lord is good to
those who wait for Him.
- Lam 3.25



PPC91T

God loved the world so
much that He sent His
only Son so that we
might have life through
Him. - 1 Jn 4.9

Prayer Cards

Flat card, 74 x 105mm
All with scripture text on the reverse
35p each



PPC92T

Peace I leave you, my own peace I give you ... Do not let your hearts be troubled or afraid. - Jn 14.27



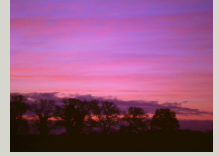
PPC96T

We too, though many, are one body in Christ. - Rom 12.5



PPC97T

I have loved you with an everlasting love. - Jer 31.3



PPC99T

Stay with us Lord, for evening shadows fall and day is nearly over. - Lk 24.29



PPC101T

For everything there is a season. - Eccles 3.1



PPC104T

In God alone is my soul at rest, my hope comes from Him. - Ps 62.5



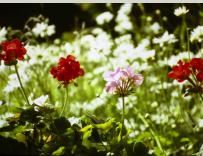
PPC105T

Never will I fail you or desert you. - Heb 13.5



PPC106T

Behold, I have carved you on the palms of my hands. - Is 49.16



PPC107T

My love for you will never waver, nor my covenant of peace be removed, says the Lord. - Is 54.10



PPC110T

The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid? - Ps 27.1



PPC112T

I have come that they may have life and have it to the full. - Jn 10.10

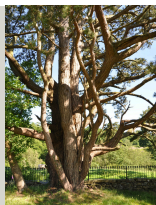


PPC113T

Fear not, I am with you. - Is 41.10

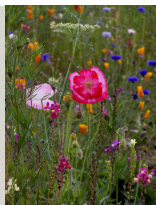
Flat card, 74 x 105mm
 All with scripture text on the reverse
35p each

Prayer Cards



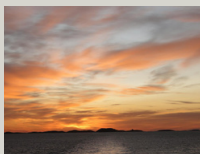
PPC114T

Life rooted in God stands firm.
 - Prov 12.3



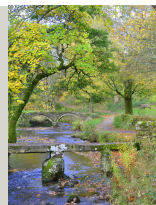
PPC115T

The Lord fills the earth with His love. - Ps 33.5



PPC116T

I am with you always, even to the end of time.
 - Mt 28.20



PPC117T

The ways of the Lord are faithfulness and love. - Ps 25.10



PPC118T

Nothing will ever separate us from the love of God.
 - Rom 8.38-39



PPC119T

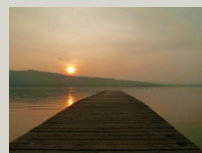
For I know the plans I have for you, says the Lord ... to give you a future filled with hope.
 - Jer 29.11



PPC120T

The light shines in the darkness and the darkness has not overcome it.
 - Jn 1:5

NEW



PPC121T

Love never ends.
 - 1 Cor 13:8

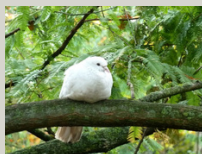
NEW



PPC122T

Your word is a lamp for my feet and a light on my path.
 - Ps 119:105

NEW



PPC123T

Come to Me, all you who are weary and burdened, and I will give you rest.
 - Mt 11:28

NEW

Selection Pack of 20 Prayer Cards with scripture text £4 PCPK

Mass Cards



REF15G Personal Intention

Pack of 10
Mass Cards
5 x Mass Intention
5 x for the Dead
£5
MASSPK



REF18G Personal Intention



REF103G Personal Intention



REF110G Personal Intention



REF133G Personal Intention



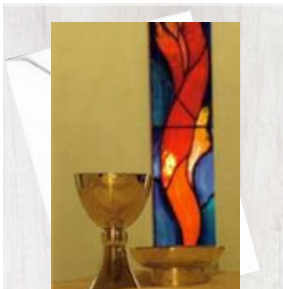
REF37G Mass for the Dead



REF88G Mass for the Dead



REF94G Mass for the Dead



REF113G Mass for the Dead



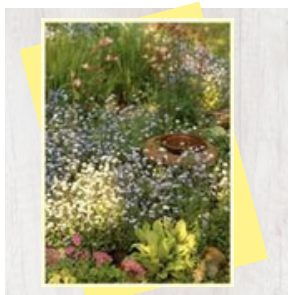
REF122G Mass for the Dead

Resources for Prayer and Ministry

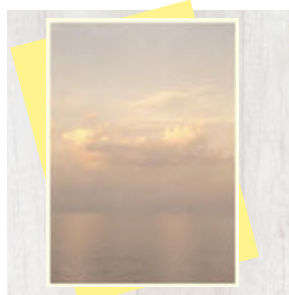
Blessing Cards £1.70 each

Classic size with triple fold and presentation envelope.

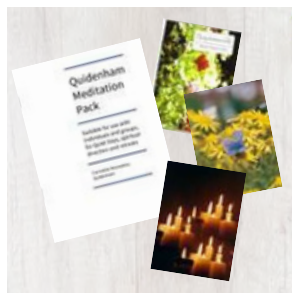
To commemorate a blessing ceremony in the event of neo-natal death.



BLESS01



BLESS02



MEDPK

Guided meditation pack including 20 assorted prayer cards in an A5 eco-friendly folder

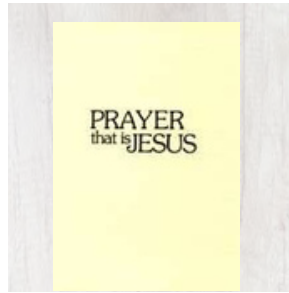
£5



SP

Leaflet on prayer by Sister Wendy Beckett

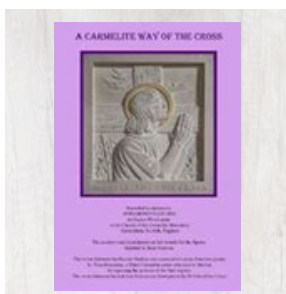
40p



PJ

Leaflet on prayer by Sister Ruth Burrows

40p



SoC

Stations of the Cross Booklet

A journey of prayer through the Stations of the Cross in our monastery church. A5 booklet

£5



SG

A booklet on the story of the stained glass windows in our church and monastery, some by Margaret Rope. A5 booklet

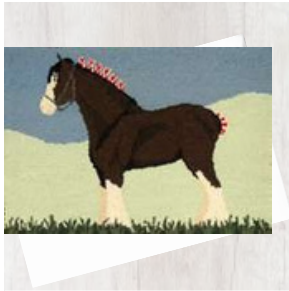
£5



Selection
Pack of 10 Blank
Created by Nuns
£5
NUNPK

Created by Nuns

£1 each



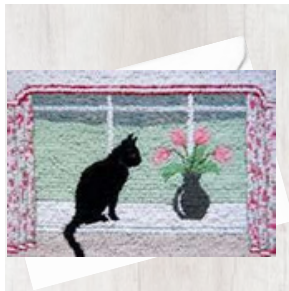
CR01B Blank



CR04B Blank
CR04G Happy Birthday



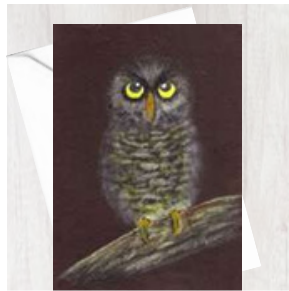
CR05G Birthday Greetings



CR07B Blank
CR07G Happy Birthday



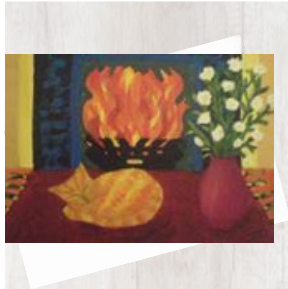
CR08B Blank
CR08G Birthday Greetings



CR09B Blank
CR09G Birthday Greetings



CR10B Blank



CR11B Blank



CR12B Blank

Monastery Garden

Pen and ink drawings
by a Sister
Classic A6 size, blank
£1 each

Get all 4 designs
in a pack
£2.50 a pack



MONPK Blank Pack of 4



MON01



MON02



MON04



MON03

Here at Quidenham Carmel we have a strong tradition of creative work, flowing from our life of prayer. The cards on these pages are all based on original arts and crafts designed and made by Sisters of our community.



Left:
Sister Teresa
embroidering
a stole



Blank Cards



Blank - Fleur

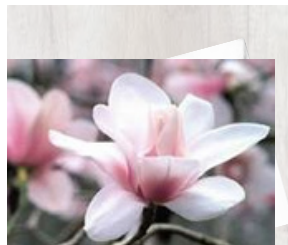
£1 each



FL88B



FL91B



FL95B



FL103B

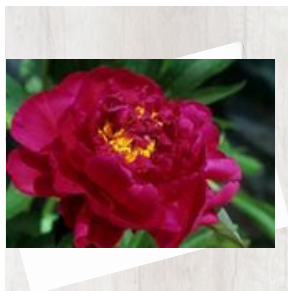


FL105B



FL110B

Blank - Fleur



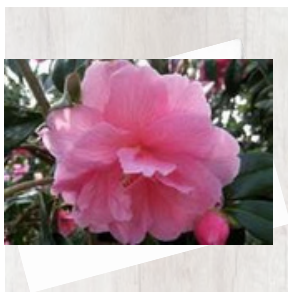
FL113B



FL118B



FL120B



FL123B



FL124B



FL126B



FL127B



FL132B



FL138B



FL139B



FL140B

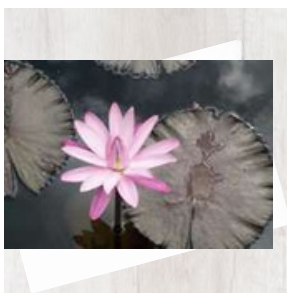


FL142B

Blank - Fleur



FL143B



FL145B



FL146B



FL148B



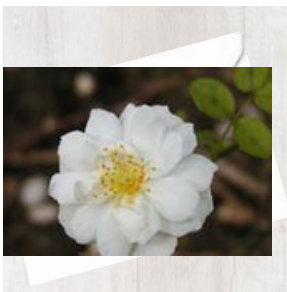
FL149B



FL150B



FL151B



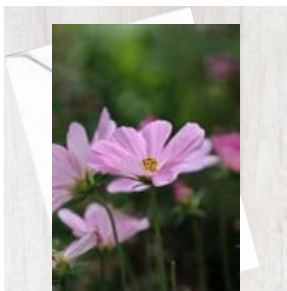
FL152B



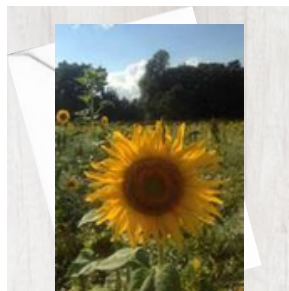
FL153B



FL155B

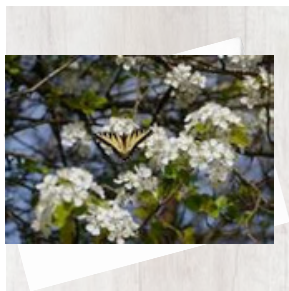


FL156B

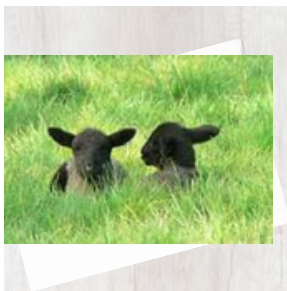


FL157B

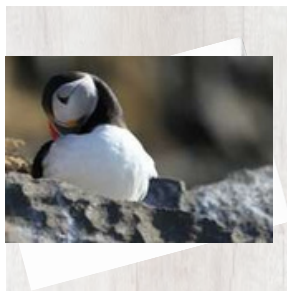
Blank - Animals, Birds and Butterflies



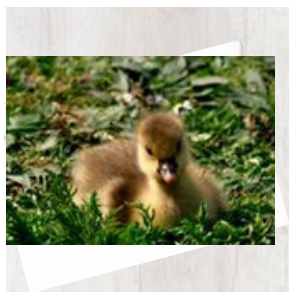
FL154B



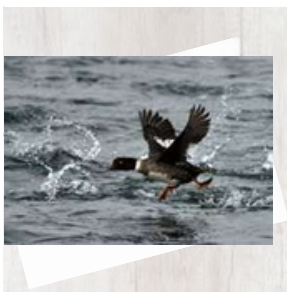
REF78B



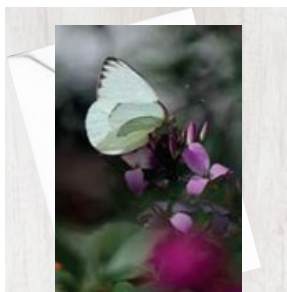
REF100B



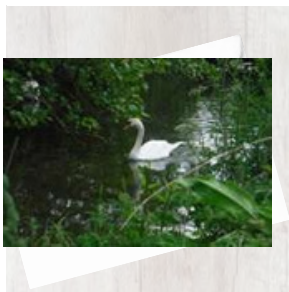
REF118B



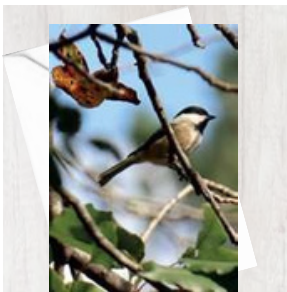
REF125B



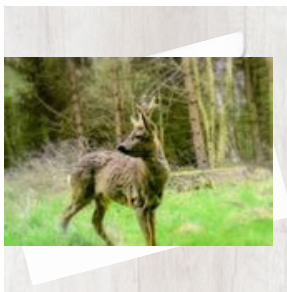
REF127B



REF128B



REF132B



REF134B



Why not try....

LUCKY DIP
Pack of 10 Cards
5 x Blank
5 x Greetings
£2.50
LUCKPK

Size: A6 cards (105x148mm) 10 assorted cards

Blank - Reflection



REF01B



REF02B



REF18B



REF71B



REF86B



REF95B



REF102B



REF112B



REF117B



REF119B



REF120B



REF121B



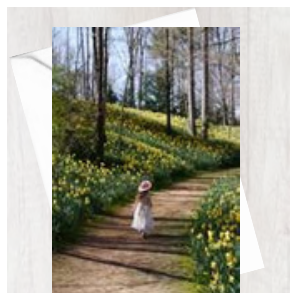
REF123B



REF124B



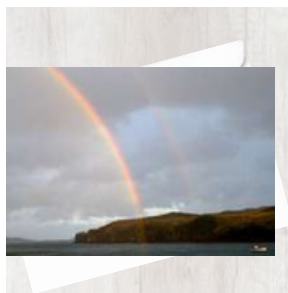
REF126B



REF129B



REF130B



REF131B



Left:
Quidenham
Mere

**Selection
Pack of 10
Reflection
All Blank
£5
REFPK**

Greetings



Sympathy Cards

£1 each



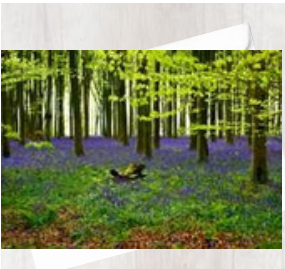
FL109G



FL154G



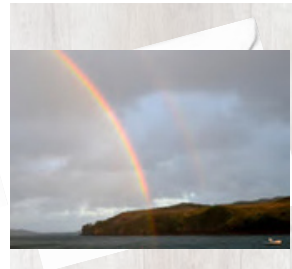
REF75G



REF111G



REF117G



REF131G

Thinking of You Cards

Selection
Pack of 10
Thinking of You
Cards
£5
THPK



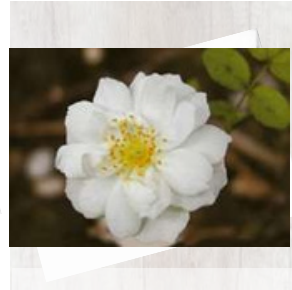
£1 each



FL91G



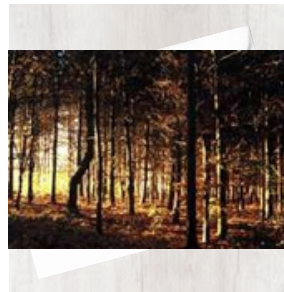
FL147G



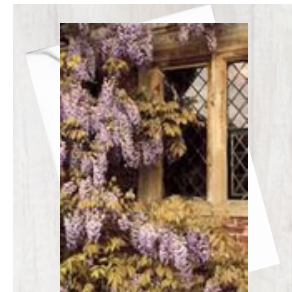
FL152G



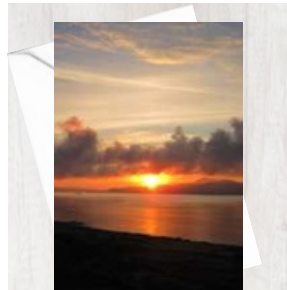
FL156G



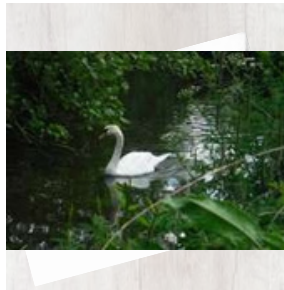
REF51G



REF62G



REF124G



REF128G



REF130G

Birthday Cards

£1 each

Selection
Pack of 10
Birthday Cards
£5
BIRPK



FL195G



FL126G



FL127G



FL138G



FL142G



FL145G



FL149G



FL150G



FL151G



FL153G



FL155G

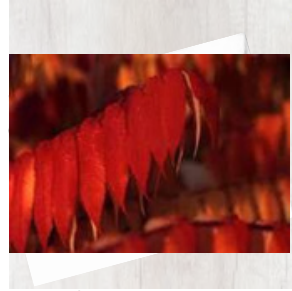
Birthday Cards

£1 each

Selection
Pack of 10
Birthday Cards
£5
BIRPK



FL157G



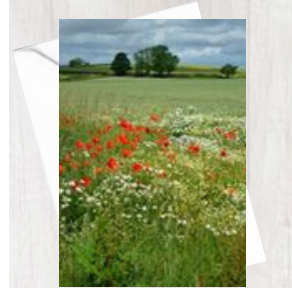
REF64G



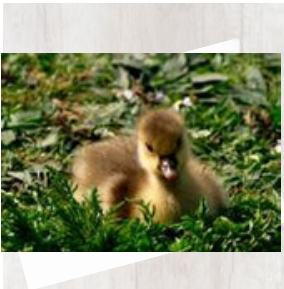
REF95G



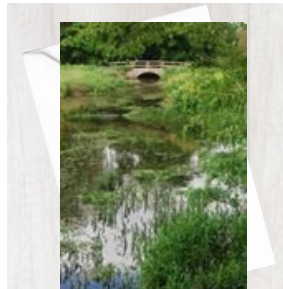
REF112G



REF116G



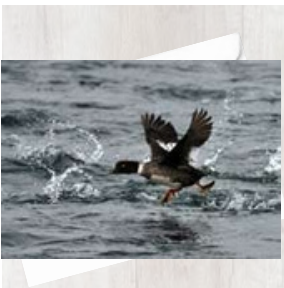
REF118G



REF120G



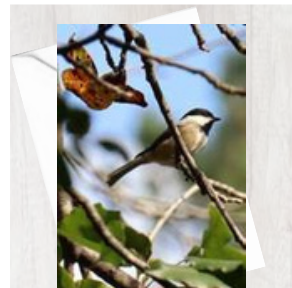
REF123G



REF125G



REF126G



REF132G

Other Greetings and Occasions

£1 each



FL146G Congratulations



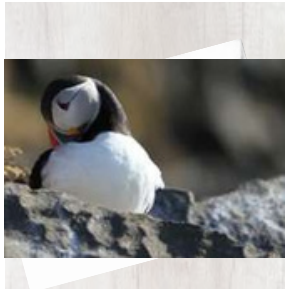
FL88G Get Well Soon



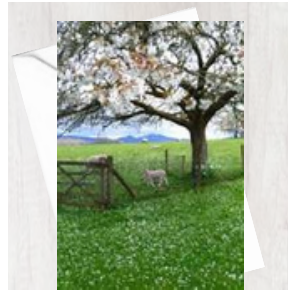
FL103G Get Well Soon



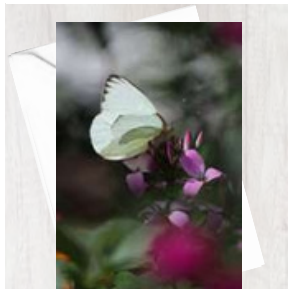
FL105G Get Well Soon



REF100G Get Well Soon



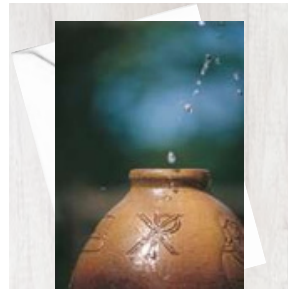
REF121G Get Well Soon



REF127G Get Well Soon



FL113G On this Special Occasion



REF71G On Your Baptism



FL132G Thank You



REF02G Wishing you Peace



FL158G With Love

Packs

Blank Packs of 10

FLPK £5

Fleur Selection

REFPK £5

Reflection Selection

NUNPK £5

Created by Nuns

Greetings Packs of 10

MASSPK £5

5 x Personal Intention
5 x Mass for the Dead

BIRPK £5

Birthday Selection

THPK £5

Thinking of You

LUCKPK £2.50

Lucky Dip
5 x blank
5 x assorted greetings

Prayer Card Packs

PCPK £4

Prayer Cards with text
Pack of 20

CBPK £5

Contemplation
Bookmarks
Pack of 20



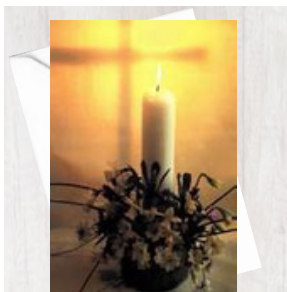
Easter

Selection
Pack of 10
Classic Easter
Cards
£5
EASPK

Easter Classics



EAS02



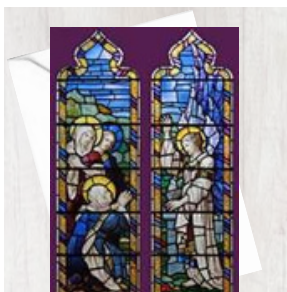
EAS18



EAS26



EAS70



EAS77



EAS81



EAS84



EAS88



EAS93



EAS94



EAS96



EAS97



EAS99



EAS101



EAS103



EAS104



EAS105

Easter Classics Packs

Our selection of
10 assorted
Easter Classics
EASPK
£5



Gift and Selection Packs

Prayer Cards and Bookmarks

Prayer Cards Selection **PCPK** **£4**
(20 assorted with scripture text)

Contemplation Bookmarks **CBPK** **£5**
(Pack of 20 assorted)

Packs of cards with envelopes

Blank (Packs of 10 assorted)

Fleur Selection **FLPK** **£5**

Reflection Selection **REFPK** **£5**

Created by Nuns **NUNPK** **£5**

Greetings (Packs of 10 assorted)

Birthday Selection **BIRPK** **£5**

Thinking of You Selection **THPK** **£5**

Mass Card Selection **MASSPK** **£5**

Mixed (Packs of 10)

Lucky Dip Selection **LUCKPK** **£2.50**
(5 Blanks, 5 assorted greetings)

Blank (Packs of 4)

Monastery Garden **MONPK** **£2.50**

Christmas (Packs of 10 assorted cards)

Christmas Classics **CLAPK** **£5**

Christmas Midi **MIDI PK** **£4**

Easter Classics **EASPK** **£5**
(Packs of 10 assorted cards)



Quidenham Cards

Carmelite Monastery, Quidenham, Norwich NR16 2PH

cards@quidenhamcarmel.org.uk

quidenhamcarmel.org.uk

01953 887642